

**Karen K. Ehrens, RD, LRD**  
Ehrens Consulting

Karen K. Ehrens is a health and nutrition consultant, registered dietitian, and policy advocate. Karen consults with state health and agriculture departments in preventing chronic disease and local foods initiatives, including the Hunger Free North Dakota Garden project. She serves as coordinator for the Creating a Hunger Free North Dakota Coalition and the Healthy North Dakota Initiative. Karen is past chair of the Legislative and Public Policy Committee (LPPC) and the LPPC Farm Bill Work Group for the Academy of Nutrition and Dietetics, a 75,000-member organization.

Karen and her husband, a chef, teach cooking classes together, and live in Bismarck, ND with their teenage daughter.